

CAMP REPORT

DATE : 30/03/2026

VENUE : ARIGNAR ANNA GOVERNMENT SIDDHA HOSPITAL, CHENNAI-106

ORGANISED BY : UG DEPARTMENT OF ARUVAI AND THOL MARUTHUVAM

PRINCIPAL : Dr. VENKATAPPAN, MD(S)

UNDER THE GUIDANCE OF :

Dr.R.Jeyanthi, MD(S)

HOD, Dept of Aruvai and Thol Maruthuvam, GSMC CHENNAI 106

Dr.R.Yamuna, MD(S)

Lecturer, Dept of Aruvai and Thol Maruthuvam, GSMC CHENNAI 106

INTERNS :

RAJALAKSHMI. A

RAJAPRABU. S

RUBINATH. M

SABARI. V

SATHEESH KUMAR. D

SARANYA. S

SETHUMADHAVAN. B

SHARVARTHANI. M. A

SNEHA. S. M

SOBANA SRI. J

CAMP PROGRAMME REPORT

OBJECTIVE :

The main objective of the program was to educate the public about the prevailing possibilities of various skin diseases during summer and its prevention via diet and proper skin hygiene.

PROGRAM DETAILS :

Welcome address and introduction

The program was commenced by a warm welcome given by the principal inviting the presenting members and the listeners. Followed by an introductory speech delivered by then HOD of dept.

The programme continued an enthusiastic approach with the involvement of interneers in their explanation.

Gave a theme Introduction to the program and the daily routine habits to be followed. Furthermore gave inputs on the topic of Tinea and its occurrence during summer season. The preventive measures for tinea was clearly explained.

And also the Topics of dehydration and hyperhydrosis its preventive measures have been explained.

Briefly explained the occurrence of milia and renal stones during summer and its prevention.

Delivered an insightful talk on the importance of diet to be followed to avoid the summer related skin diseases.

Elaborated the significance of hygiene to be followed during summer to avoid the skin related ailments.

IMPACT :

There was an active participation of the public with the count of 50 members. The Siddha Awareness Program created a meaningful bridge between traditional wisdom and community health awareness. The participants gained a clear understanding of the preventive, curative, and holistic approach of Siddha medicine. The program successfully enhanced public knowledge on natural remedies, lifestyle practices, and disease prevention through Siddha principles.

FEEDBACK :

The feedback received from participants was overwhelmingly positive and encouraging. Several participants requested similar awareness programs to be conducted regularly in the future. The Siddha Awareness Program concluded successfully, leaving a lasting impact on the participants and receiving commendable appreciation from the community.

ACKNOWLEDGEMENT :

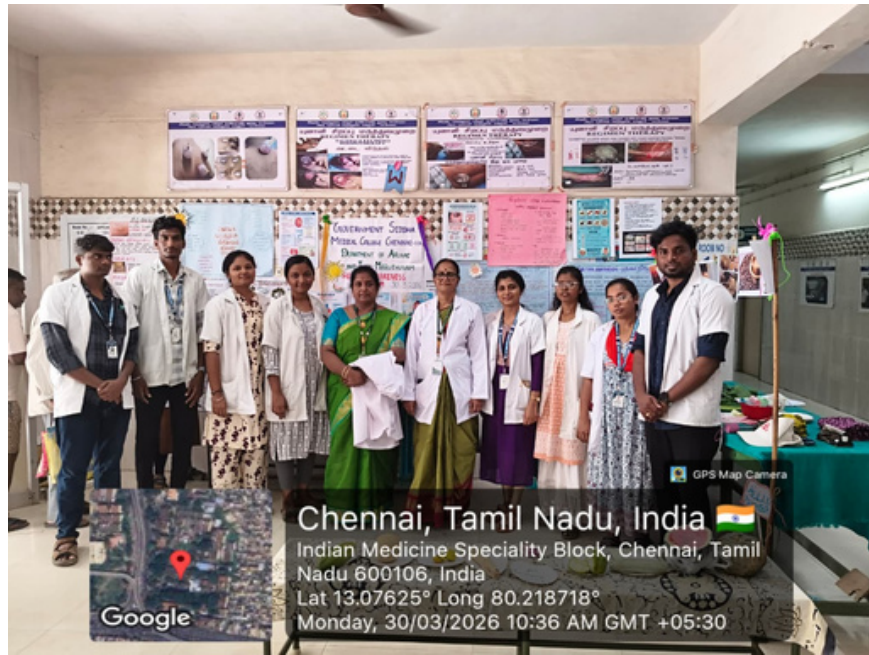
The awareness program was able to reach its utmost success with the cooperation and team effort of the organising committee members and the beneficiary body. We extend our sincere thanks to our principal, hod and dept members for the time bound collaborative execution and the instant goodwill and support from the school management.

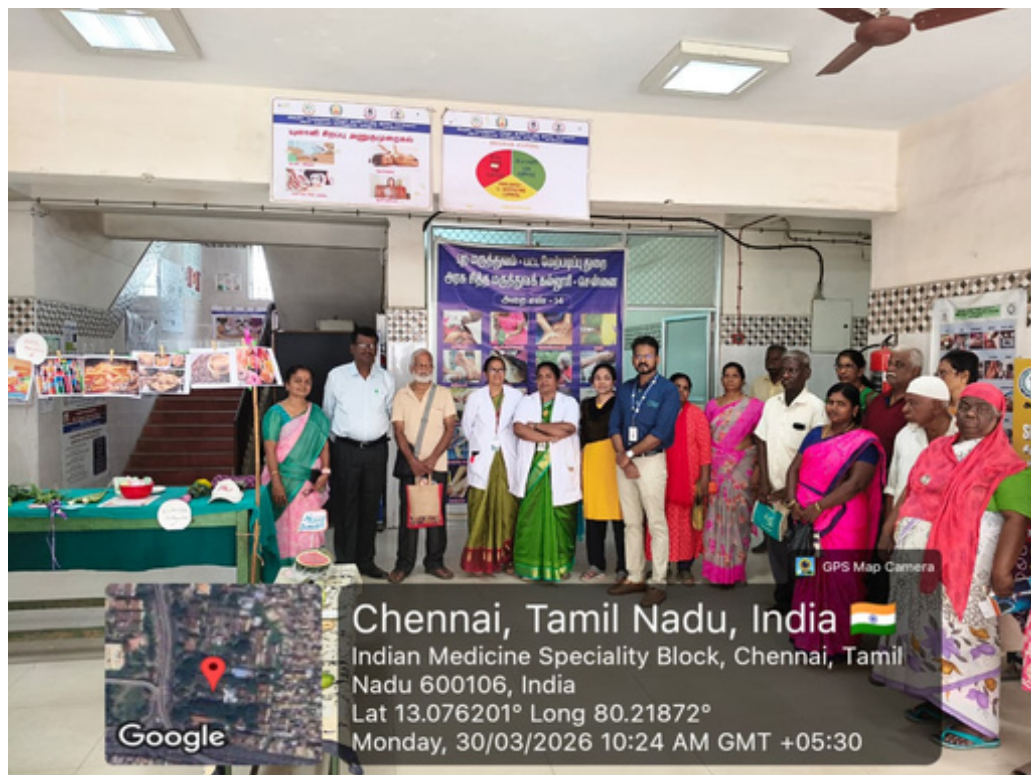
NUMBER OF BENEFICIARIES :

Male - 68 Female -75 Total - 143









**GOVERNMENT SIDDHA MEDICAL COLLEGE,
CHENNAI.**

**DEPARTMENT OF ARUVAI AND
THOL MARUTHUVAM**

***Summer Skin Care
Medical Awareness Camp***

Presided by

Prof. Dr. N. Venkatappan, M.D (Siddha),
Principal, GSMC, Chennai

under the guidance of

Prof. Dr. R. Jeyanthi MD(S) HOD
Dr. Yamuna MD(S) Lecturer,
Department of Aruvai and Thol **Maruthuvam**

Date : **30.03.2026**

Venue : Arignar Anna Government Hospital
of Indian Medicine

Time : **10:00 AM to 12:00 PM**

Organized by

ARUVAI AND THOL MARUTHUVAM
HOD • Lecturer • CRRI